

**NORTH TYNESIDE WORLD MENTAL HEALTH DAY CELEBRATION**  
**FRIDAY 6<sup>TH</sup> OCTOBER 2017, 11.00AM - 5.00PM (REFRESHMENTS FROM 10.45AM)**  
**GULLERCOATS CRESCENT CLUB, VICTORIA CRESCENT, GULLERCOATS, NE30 4PN**  
**FREE EVENT, FREE LUNCH**

**#NTWMHD17**

**SURVIVE  
THRIVE  
BE ALIVE**

Presentations  
Music  
Raffle  
Tombola  
Creative Activity



**Contact:** Beth Williams, [bethlaunchpadnt@gmail.com](mailto:bethlaunchpadnt@gmail.com), #NTWMHD17