**North Tyneside World Mental Health Day Celebration Event – 6 October 2017**

**Programme**

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| 10.45-11.00 | Arrival - refreshments |
| 11.00 - 11.55 | Welcome  Opening address - Alan Campbell MP  KOSMOS  North Tyneside Recovery College  Samaritans |
| 11.55 - 12.15 | Break |
| 12:15 - 13.00 | Rape Crisis Tyneside and Northumberland  Community Treatment Team - DBT  Forward Assist |
| 13:00 - 14:00  Lunch | Music from jukebox playlist  Key Tones |
| 14:00 - 15:00 | Laughter Yoga with Melissa  Supporting Stars  Weekend Friends  Northumberland and Tyneside Mind |
| 15:00 - 15:15 | Tea Break |
| 15:15 - 16:00 | Age UK North Tyneside  Healthwatch North Tyneside  Lines From An Unfinished Love Song - Gail Curry Poetry reading |
| 16:00 - 16:30 | Phoenix Detached Youth Project Film |
| 16:30 - 17:00 | Raffle |