**North Tyneside World Mental Health Day Celebration Event – 6 October 2017**

**Programme**

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| 10.45-11.00 | Arrival - refreshments |
| 11.00 - 11.55 | WelcomeOpening address - Alan Campbell MPKOSMOS North Tyneside Recovery College Samaritans |
| 11.55 - 12.15 | Break |
| 12:15 - 13.00  | Rape Crisis Tyneside and Northumberland Community Treatment Team - DBTForward Assist  |
| 13:00 - 14:00Lunch | Music from jukebox playlistKey Tones |
| 14:00 - 15:00  | Laughter Yoga with Melissa Supporting StarsWeekend Friends Northumberland and Tyneside Mind  |
| 15:00 - 15:15 | Tea Break |
| 15:15 - 16:00 | Age UK North TynesideHealthwatch North TynesideLines From An Unfinished Love Song - Gail Curry Poetry reading |
| 16:00 - 16:30  | Phoenix Detached Youth Project Film  |
| 16:30 - 17:00  | Raffle  |