

**Friday 9<sup>th</sup> October 2015**  
**Crescent Club, Cullercoats**  
**(on the seafront)**

**11 - 12 Service Providers**  
**This bit is especially for organisations,**

**12 - 1pm Healthy buffet lunch**  
**Everyone Welcome**

**1 - 8pm the celebration continues**

Make connections, check out what's happening in your area and how to get a piece of the action.

Fun events all day! ..Art ..Drama..Music .. Food .. Live Band..Kids Stuff.. Raffle.. Fabulous Prizes .. More...  
**.. and it's free !**

**North Tyneside World Mental Health Day**

**Thank you to all our contributors and sponsors**  
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