

**NORTH TYNESIDE**

# **WORLD MENTAL HEALTH DAY**



**FRIDAY 4<sup>TH</sup> OCTOBER 2019**

**FROM 11.30AM ONWARDS • CULLERCOATS CRESCENT CLUB, NE30 4PN**

**Tombola & Raffle**

**Creative Activities**

**Buffet**

**Guest Speakers**

**Choir**

**Live Music**

**Tyneside Rocks**

**Stalls & Information**

**FREE  
EVENT**

✉ [launchpadnt@gmail.com](mailto:launchpadnt@gmail.com)

#NTWMHD19

Artwork by Molly Sheldon

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