



Regional Support

MND Association Contacts

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MND Connect Helpline
0808 8026262
mndconnect@mndassociation.org

Tyne and Wear Branch
www.mnd-tyneandwear.org.uk
www.facebook.com/groups/tynewearbranch
twitter.com/MNDTyneAndWear

Northumberland Group
Search on Facebook for 'Northumberland MNDA Group'
twitter.com/mnd_NlandGroup

Durham and Darlington Group
Facebook: www.facebook.com/mnndurham
https://twitter.com/MNDDurhamDarlo

Newcastle MND Care Centre, Royal Victoria Infirmary,
Newcastle
01912823693

Middlesbrough MND Care Centre, James Cook Hospital,
Middlesbrough
01642 854318
stees.mnd@nhs.net



Our Branches and Groups in the North East of England

**Support for those living with MND,
their families and carers**

MND Association Tyne and Wear Branch

MND Association Northumberland Group

MND Association Durham and Darlington Group

Correct as of November 2020

 @mndassociation  @mndassoc

www.mndassociation.org

MND Association Francis Crick House, 6 Summerhouse Road, Northampton, NN3 6BJ | Registered charity no. 294354
Created in RightMarket - 11/12/2020 - 11:18:16



Care and support

Support for those Living with MND, families and carers

North East wide Online Support Groups held on the second Wednesday of every month via Zoom. Contact your Area Support Co-ordinator (ASC) for joining instructions.

Association Visitors play a vital role in supporting people affected by MND. Free, confidential emotional support and advocacy from trained volunteers who are DBS checked. Support available via telephone, email, video call or Face to Face. Speak to your MND Nurse or contact your ASC for more details

Support for children, young people and families - we have worked with Barnardo's to offer a bespoke counselling service for children, young people and families affected



by MND. Contact your ASC for more details.

Local Groups and Branches

Local contacts

Your local group or branch should be your first port of call for advice, guidance, volunteering or fundraising support.

Tyne and Wear Branch
Contact: Marian Dent, Secretary
Email: marian@mnd-tyneandwear.org.uk

Northumberland Group
Contact: Colin Hardy
Email: colin.r.hardy@btinternet.com

Durham and Darlington Group
Contact: Geoff and Wendy Sheldon
Email: geoffsheldon6899@aol.com

When safe to do so, each local will run a face to face support group in their area.



Financial support grants

The Motor Neurone Disease (MND) Association is able to offer some financial support to help with:

- Emergency funding while staying at home during the coronavirus outbreak
- Funding equipment and services that people with MND have been assessed as needing
- Funding for children and young people living with someone with MND
- Non-paid carers supporting someone living with MND
- Improving quality of life for someone living with MND

contact your local ASC or speak to your Health or Social Care Professional for further details



Support for carers and families

We run a carer support session on a monthly basis, last Thursday of every month - join us at <https://us02web.zoom.us/j/85229463666>