

MOVING ON TYNE & WEAR

Your local employability programme



We're here to help you get back on your feet

At **Moving On Tyne & Wear** we support people who are currently unemployed move into employment, training or volunteering. Our team of experienced Navigators can help you to regain your confidence, stabilise your personal circumstances and take manageable and realistic steps towards your goals.

Working with you, for FREE

If you're aged 18 or over, currently live in Tyne & Wear, unemployed and suffering from a health issue then **Moving On Tyne & Wear** could be for you. The service won't cost you anything, it's completely voluntary and won't impact on any benefits that you currently receive. Everyone who joins **Moving On Tyne & Wear** receives unique support depending on their needs. This may include financial advice, mental health support, access to training and education or guidance with job applications. Whatever your goal, we can help you achieve it in a way that suits you.

Getting in touch

If you'd like to learn more, or think we can help you or someone you know then please get in touch.

- Call **0191 217 3206**
- Email enquiries@motw.org.uk
- Visit www.motw.org.uk

