

CARER SUPPORT GROUP

DO YOU CARE FOR A MEMBER OF YOUR FAMILY OR A FRIEND?
DO YOU WANT TO MEET OTHER CARERS WITH SIMILAR EXPERIENCES?

COME ALONG TO OUR ONE OF OUR CARER SUPPORT GROUPS,

FIRST TUESDAY OF THE MONTH 2.30PM - 4PM
FACE TO FACE TYNEMOUTH SCOUT HEADQUARTERS

THIRD TUESDAY OF THE MONTH 2.30PM - 4PM
ONLINE OVER ZOOM

SESSIONS WILL ALTERNATE BETWEEN FACE TO FACE AND ONLINE TO ENSURE EVERYONE HAS THE OPPORTUNITY TO ATTEND.

FACE TO FACE SESSIONS WILL BE HELD AT: TYNEMOUTH SCOUT HEADQUARTERS, 31-35 NORFOLK ST, NORTH SHIELDS NE30 1NQ

Although national restrictions have been lifted, we will continue to monitor the situation in order to keep carers and staff safe. You will be asked to do a lateral flow test before attending face to face sessions and will be required to wear a face covering indoors until you are seated. You should not attend if you have any symptoms, even if your lateral flow test is negative.

We will record details of your attendance on the Centre's contact management system. This is to ensure we observe the guidance issued by the NHS Test and Trace service if/when instructed.



SIGN UP

 andrea.lanaghan@ntcarers.co.uk

 0191 643 2298



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Registered charity number: 1051472



North Tyneside
Carers' Centre