



North Tyneside
Carers' Centre

Walking Tennis



**Carers come and learn how to play Walking Tennis
at the
Beverley Park Lawn Tennis Club
with professional coaches**

On the following Fridays from 12pm -1pm

6th August 21

3rd September 21

1st October 21

5th November 21

4th February 22

4th March 22

Sessions are fun, free and equipment is provided

Places are limited so don't delay to sign up:

Follow Us On Social Media



North Tyneside Carers' Centre



@NTCarers



0191 643 2298



andrea.lanaghan@ntcarers.co.uk