



**ENJOY A MINDFUL WALK**  
**Take some photos and .....**

# **ENTER A COMPETITION!**

**Prizes -£50, £30 & £10 gift cards**

**Also**

## **Calendar Competition**

**A chance to have your photo featured in  
the AIM Arts Calendar 2022**

**Closing date 21<sup>st</sup> Nov 2021**

**Send photos to**

**[info@aimmentalhealth.org.uk](mailto:info@aimmentalhealth.org.uk)**

**For entry forms and rules visit  
[www.aimmentalhealth.org.uk](http://www.aimmentalhealth.org.uk)**

**For further info contact: Mish Loraine [launchpadnt@gmail.com](mailto:launchpadnt@gmail.com)**