



**Adult AD/HD Groups North East Support  
Groups North East UK**

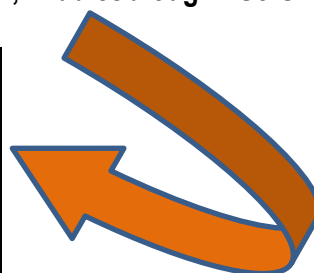
<http://aadhd-ne-uk.weebly.com/>

Contact: Bill Scott 07856212564 | aadhd\_ne@yahoo.co.uk

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**Our Next Meeting in Middlesbrough will be held on  
TUESDAY 2<sup>nd</sup> NOVEMBER 2021 | 6 to 8 PM**

**NEW:** Langdon Square Community Centre Coulbly Newham, Middlesbrough TS8 OTF



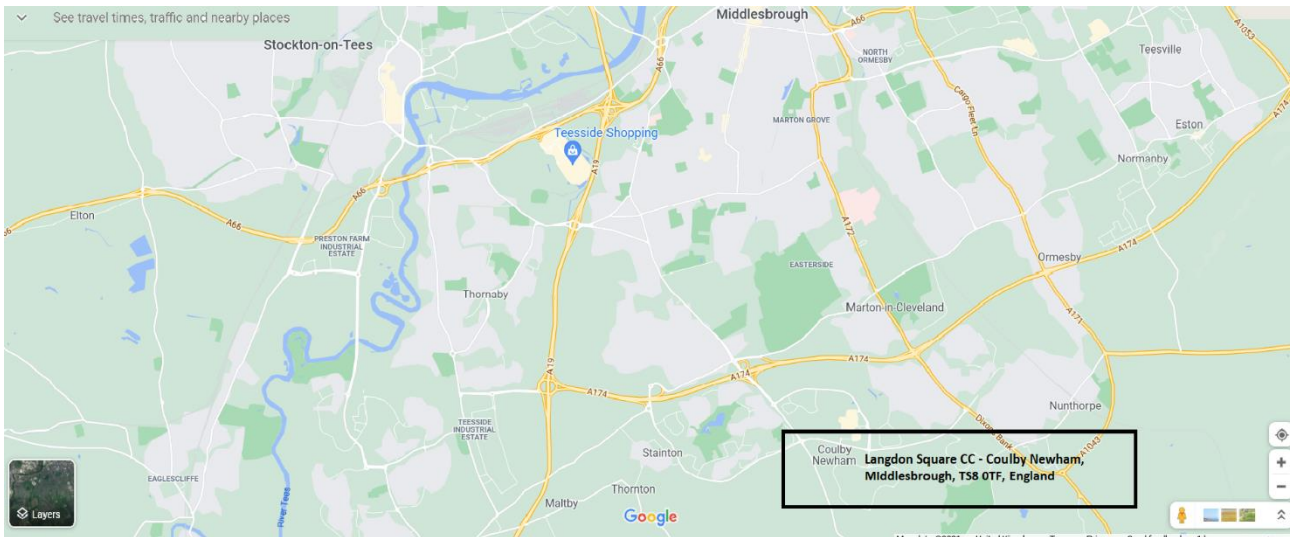
Thanks to Gordon Williams\*, one of our long term allies in Middlesbrough, we will be joining in with his new Neuro Key meetings at a **new venue** in Coulbly Newham on the first Tuesday of every month! This gives us a fantastic opportunity to discuss the interrelationships between AD/HD and all the other neurodiverse comorbid conditions that can occur, including ADHD, ASD, PTSD, Brain injury, FASD, Tourett's etc

The venue is great and it has a big free car park. As usual, everyone is welcome who has an interest in ADHD etc, including carers, family members, professionals working in the field etc. For further information about the venue, or Neuro key, an alliance supporting people with neurological conditions (established by Gordon) email [neurologicallychallenged@hotmail.com](mailto:neurologicallychallenged@hotmail.com)

facebook page @NeurokeyTVDNY And please check out Gordon's amazing blog

<https://neurologically-challenged.co.uk/hiding-neurodiversity-in-plain-sight-a-lifetime-of-masking-suppressing-and-acting/>

Details about this and our other regional meetings in November (Durham and South Shields) are also on our website.



## Gordon's flyer and contact details

**Neurodiverse Peer Group**

**NEURO KEY**  
An Alliance supporting people with neurological conditions

We are a group with experience living with  
or carers of  
**ADHD, ASD, PTSD, BRAIN INJURY, FASD and Tourette's**

**1st Tuesday in every month**  
**6pm - 8pm**  
**Next meeting NOV 2nd**  
**Langdon Square Community Centre**  
**Coulby Newham**  
**MIDDLESBROUGH**  
**TS8 0TF**

We are a friendly, diverse group  
You don't need a diagnosis to join us  
Come along for a couple of hours or pop in for 5 minutes  
Refreshment available  
For more info contact Gordon  
Email: [neurologicallychallenged@hotmail.com](mailto:neurologicallychallenged@hotmail.com)  
Facebook: @NeurokeyTVDNY