



**ADULT AD/HD SUPPORT
GROUPS NORTH EAST UK**

WEB: <http://aadhd-ne-uk.weebly.com/>

Contact: Bill Scott: Tel: 07856212564 | email: aadhd_ne@yahoo.co.uk

Our Next Middlesbrough meeting:

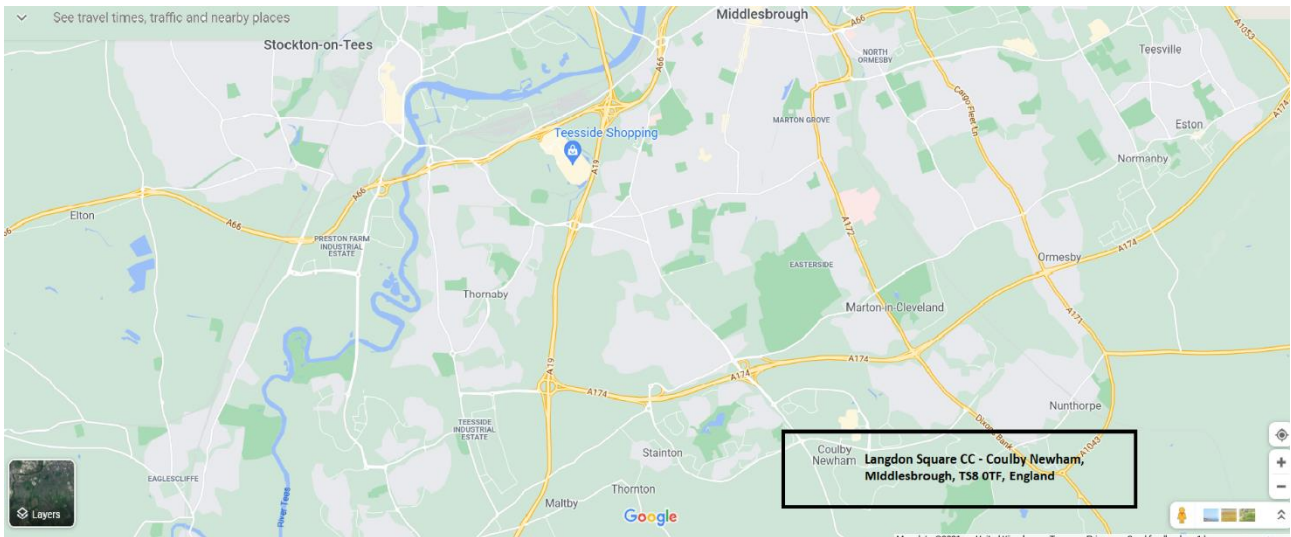
Tuesday 2nd AUGUST 2022 6 to 8 PM

At Langdon Square Community Centre Coulby Newham,
Middlesbrough TS8 OTF



- AD/HD Support Groups NE and Gordon Williams from Neuro Key are working together to support people with AD/HD and associated neurodiverse conditions, including ADHD, ASD, PTSD, Brain injury, FASD, Tourett's etc.
- Langdon Square community centre at Coulby Newham, Middlesbrough is a great venue to meet in on the first Tuesday of each month.
- It is not too far from Middlesbrough centre, see the map below. It has a spacious free car park. For further information about the venue, or Neuro Key, see Gordon's flyer below.
- Everybody is welcome to come along including carers, family members, professionals working in the field etc.

Further details about other Adult ADHD support groups NE, including our other regional meetings during AUGUST 2022:- Durham (Thursday 11th); South Shields (Thursday 18th); Newcastle (25th) and other useful links and information can be found on our website.



Neurodiverse Peer Group

**We are a group with experience living with
or carers of
ADHD, ASD, PTSD, BRAIN INJURY, FASD and Tourette's
Private one to one available**

**Next meeting
6pm - 8pm
Tuesday 2nd August
Langdon Square Community Centre
Coulby Newham
MIDDLESBROUGH**

**We are a friendly, diverse group
You don't need a diagnosis to join us
Come along for a couple of hours or pop in for 5 minutes
Refreshment available
For more info contact Gordon
Email: neurologicallychallenged@hotmail.com
Facebook: @NeurokeyTVDNY**

Gordon's blog <https://neurologically-challenged.co.uk/hiding-neurodiversity-in-plain-sight-a-lifetime-of-masking-suppressing-and-acting/>

Just in from Gordon: a new monthly support group he is involved with, for men who have been victims of domestic violence in the Middlesbrough area (Please let the relevant agencies / individuals know about it), thanks.

**MEN'S
SUPPORT
DROP IN**

FOR DOMESTIC ABUSE
VICTIMS/SURVIVORS

07759701747

Middlesbrough
moving forward

- MALE VICTIM LIASION WORKER
- INDEPENDENT DOMESTIC VIOLENCE ADVOCATE
- NON-JUDGEMENTAL SUPPORT
- SIGNPOSTING
- REFRESHMENTS

FIRST WEDNESDAY OF THE MONTH @ NEWPORT HUB 12-2PM

2022
3RD AUG
7TH SEP
5TH OCT
2ND NOV
7TH DEC