

An illustration of three stylized people. A man in a yellow shirt holds a sign that says 'Is a universal'. A woman in a blue shirt holds a sign that says 'Human Right'. A man in a red shirt holds a sign that says 'Mental Health'.

**Mental  
Health**

**Is a  
universal**

**Human  
Right**

# **North Tyneside World Mental Health Day**

**Cullercoats Crescent Club, NE30 4PN  
Tues 10<sup>th</sup> Oct 2023 11am - 3pm**

**Free  
Event**

**Buffet**

**comedy**

**Creative  
Activities**

**Stalls &  
Information**

**Raffle**

**Live Music**

**Guest Speakers**

**For further info email [launchpadnt@gmail.com](mailto:launchpadnt@gmail.com)  
Email with specific dietary  
needs before Sept 30<sup>th</sup>**

**#NTWMHD23**